



**Lenovo ThinkPad E14 Intel Core Ultra 7 155H Computadora portátil 35.6 cm (14") WUXGA 16 GB DDR5-SDRAM 512 GB SSD Wi-Fi 6E (802.11ax) Windows 11 Pro Español Negro**

**Marca :** Lenovo

**Familia de productos:**  
ThinkPad

**Código del producto:**  
21M8000VLM

**Nombre del producto :** E14



- Windows 11 Pro  
- Intel Core Ultra 7 155H (24MB Cache)  
- 35.6 cm (14") WUXGA 1920 x 1200 IPS  
- 16GB (5600MHz) DDR5-SDRAM (1 x 16) & 512GB SSD  
Intel Core Ultra 7 155H (24MB Cache), 16GB DDR5-SDRAM, 512GB SSD, 35.6 cm (14") WUXGA 1920 x 1200 IPS, Intel Arc Graphics, LAN, WLAN, Webcam, Windows 11 Pro  
Lenovo ThinkPad E14. Tipo de producto: Computadora portátil, Factor de forma: Concha. Familia de procesador: Intel Core Ultra 7, Modelo del procesador: 155H. Diagonal de la pantalla: 35.6 cm (14"), Tipo HD: WUXGA, Resolución de la pantalla: 1920 x 1200 Píxeles. Memoria interna: 16 GB, Tipo de memoria interna: DDR5-SDRAM. Capacidad total de almacenaje: 512 GB, Unidad de almacenamiento: SSD. Modelo de gráficos en tarjeta: Intel Arc Graphics. Sistema operativo instalado: Windows 11 Pro. Color del producto: Negro. Peso: 1.42 kg

Design		Camera	
Product type *	Laptop	Front camera	✓
Product colour *	Black	Front camera resolution	1280 x 720 pixels
Form factor *	Clamshell	Front camera HD type	HD
Housing material	Acrylonitrile butadiene styrene (ABS), Aluminium, Polycarbonate (PC)	Privacy camera	✓
		Privacy type	Privacy shutter
Display		Network	
Display diagonal *	35.6 cm (14")	Top Wi-Fi standard *	Wi-Fi 6E (802.11ax)
Display resolution *	1920 x 1200 pixels	Wi-Fi standards	Wi-Fi 6E (802.11ax)
Touchscreen *	✗	Mobile network connection *	✗
HD type	WUXGA	Antenna type	2x2
Panel type	IPS	WLAN controller model	Intel Wi-Fi 6E AX211
LED backlight	✓	WLAN controller manufacturer	Intel
Native aspect ratio	16:10	Ethernet LAN	✓
Anti-glare screen	✓	Ethernet LAN data rates	100,1000 Mbit/s
Display brightness	300 cd/m²	Bluetooth	✓
RGB colour space	NTSC	Bluetooth version	5.3
Colour gamut	45%	Near Field Communication (NFC)	✗
Maximum refresh rate	60 Hz	WWAN	Not installed
Contrast ratio (typical)	800:1	Ports & interfaces	
Processor		USB 3.2 Gen 1 (3.1 Gen 1) Type-A ports quantity *	1
Processor manufacturer *	Intel	USB 3.2 Gen 2 (3.1 Gen 2) Type-A ports quantity	1
Processor family *	Intel Core Ultra 7	USB 3.2 Gen 2x2 Type-C ports quantity	1
Processor generation	Intel® Core™ Ultra (Series 1)	HDMI ports quantity *	1
Processor model *	155H	HDMI version	2.1
Processor cores	16	Thunderbolt 4 ports quantity	1
Processor threads	22		
Processor boost frequency	4.8 GHz		

Processor		Ports & interfaces	
Performance cores	6	Intel® Thunderbolt 4	✓
Efficient cores	8	Combo headphone/mic port	✓
Low Power Efficient-cores	2	USB Type-C DisplayPort Alternate Mode	✓
Performance-core Max Turbo Frequency	4.8 GHz	USB Sleep-and-Charge	✓
Efficient-core Max Turbo Frequency	3.8 GHz	Performance	
Low Power Efficient-core Max Turbo Frequency	2.5 GHz	Motherboard chipset	Intel SoC
Performance-core base frequency	1.4 GHz	Keyboard	
Efficient-core base frequency	0.9 GHz	Pointing device	ThinkPad UltraNav
Low Power Efficient-core Base Frequency	700 MHz	Numeric keypad *	✗
Processor cache	24 MB	Keyboard backlit	✗
Processor cache type	Smart Cache	Spill-resistant keyboard	✓
Processor base power	28 W	Keyboard language	Spanish
Maximum turbo power	115 W	Software	
Neural processor unit (NPU)		Operating system language	Spanish
Neural processor unit (NPU)	Intel AI Boost	Operating system installed *	Windows 11 Pro
Sparsity support	✓	Battery	
Windows Studio effects support	✓	Battery technology	Lithium Polymer (LiPo)
AI software frameworks supported by NPU	DirectML, ONNX RT, OpenVINO, Windows ML	Number of battery cells	3
Memory		Battery capacity *	47 Wh
Internal memory *	16 GB	Fast charging	✓
Internal memory type	DDR5-SDRAM	Power	
Memory clock speed	5600 MHz	AC adapter power	65 W
Memory form factor	SO-DIMM	AC adapter frequency	50/60 Hz
Memory layout (slots x size)	1 x 16 GB	AC adapter input voltage	100 - 240 V
Memory slots	2x SO-DIMM	USB Type-C charging port *	✓
Maximum internal memory *	64 GB	USB Power Delivery (USB PD)	✓
Memory channels	Dual-channel	Security	
Storage		Cable lock slot	✓
Total storage capacity *	512 GB	Cable lock slot type	Kensington
Storage media *	SSD	Fingerprint reader	✓
Total SSDs capacity	512 GB	Smart card reader	✗
Number of SSDs installed	1	Trusted Platform Module (TPM)	✓
SSD capacity	512 GB	Trusted Platform Module (TPM) version	2.0
SSD interface	PCI Express 4.0	Password protection	✓
NVMe	✓	Password protection type	BIOS, Power on, Supervisor
SSD form factor	M.2	Operational conditions	
M.2 SSD size	2242 (22 x 42 mm)	Operating temperature (T-T)	5 - 35 °C
Optical drive type *	✗	Storage temperature (T-T)	5 - 43 °C
Card reader integrated	✗	Operating relative humidity (H-H)	8 - 95%
Graphics		Storage relative humidity (H-H)	5 - 95%
Discrete graphics card model *	Not available	Maximum shipping altitude	3048 m
On-board graphics card *	✓	Certificates	
On-board GPU manufacturer	Intel	Compliance certificates	RoHS
Discrete graphics card *	✗	Certification	ErP Lot 6 ErP Lot 26 TCO Certified 9.0 TÜV Rheinland® Low Blue Light (Software Solution)
On-board graphics card family	Intel Arc Graphics	Sustainability	
On-board graphics card model *	Intel Arc Graphics	Sustainability certificates	TCO, ENERGY STAR, EPEAT Gold
Audio		Weight & dimensions	
Audio chip	Senary SN6141	Width	313 mm
Audio system	Dolby Atmos	Depth	219.3 mm
Number of built-in speakers	2	Height	18.6 mm
Speaker power	2 W		
Built-in microphone	✓		
Number of microphones	2		

Weight & dimensions	
Weight *	1.42 kg
Packaging content	
AC adapter included *	✓



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