



Lenovo ThinkPad T14 Intel Core Ultra 5 125U Computadora portátil 35.6 cm (14") Pantalla táctil WUXGA 16 GB DDR5-SDRAM 512 GB SSD Wi-Fi 6E (802.11ax) Windows 11 Pro Belga Negro

Marca : Lenovo

Familia de productos:
ThinkPad

Código del producto:
21MM0019LM

Nombre del producto : T14



- Windows 11 Pro 64-bit
- Intel Core Ultra 5 125U (12MB Cache)
- 35.6 cm (14") WUXGA 1920 x 1200 IPS Touch
- 16GB (5600MHz) DDR5-SDRAM (1 x 16) & 512GB SSD
Intel Core Ultra 5 125U (12MB Cache), 16GB DDR5-SDRAM, 512GB SSD, 35.6 cm (14") WUXGA 1920 x 1200 IPS Touch, Intel Graphics, LAN, WLAN, Webcam, Windows 11 Pro 64-bit
Lenovo ThinkPad T14. Tipo de producto: Computadora portátil, Factor de forma: Concha. Familia de procesador: Intel Core Ultra 5, Modelo del procesador: 125U. Diagonal de la pantalla: 35.6 cm (14"), Tipo HD: WUXGA, Resolución de la pantalla: 1920 x 1200 Píxeles, Pantalla táctil. Memoria interna: 16 GB, Tipo de memoria interna: DDR5-SDRAM. Capacidad total de almacenaje: 512 GB, Unidad de almacenamiento: SSD. Modelo de gráficos en tarjeta: Intel Graphics. Sistema operativo instalado: Windows 11 Pro. Color del producto: Negro

Design		Camera	
Product type *	Laptop	Front camera resolution (numeric)	5 MP
Product colour *	Black	Infrared (IR) camera	✓
Form factor *	Clamshell	Privacy camera	✓
Housing material	Carbon fibre, Polycarbonate (PC)	Privacy type	Privacy shutter
Display		Network	
Display diagonal *	35.6 cm (14")	Top Wi-Fi standard *	Wi-Fi 6E (802.11ax)
Display resolution *	1920 x 1200 pixels	Wi-Fi standards	Wi-Fi 6E (802.11ax)
Touchscreen *	✓	Mobile network connection *	✗
HD type	WUXGA	Antenna type	2x2
Panel type	IPS	WLAN controller model	Intel Wi-Fi 6E AX211
LED backlight	✓	WLAN controller manufacturer	Intel
Native aspect ratio	16:10	Ethernet LAN	✓
Anti-glare screen	✓	Ethernet LAN data rates	100,1000 Mbit/s
Maximum refresh rate	60 Hz	Bluetooth	✓
Processor		Bluetooth version	5.3
Processor manufacturer *	Intel	Near Field Communication (NFC)	✗
Processor family *	Intel Core Ultra 5	WWAN	Not installed
Processor generation	Intel® Core™ Ultra (Series 1)	Ports & interfaces	
Processor model *	125U	USB 3.2 Gen 1 (3.1 Gen 1) Type-A ports quantity *	2
Processor cores	12	Ethernet LAN (RJ-45) ports	1
Processor threads	14	HDMI ports quantity *	1
Processor boost frequency	4.3 GHz	HDMI version	2.1
Performance cores	2	Thunderbolt 4 ports quantity	2
Efficient cores	8	Intel® Thunderbolt 4	✓
Low Power Efficient-cores	2	Combo headphone/mic port	✓
Performance-core Max Turbo Frequency	4.3 GHz		
Efficient-core Max Turbo Frequency	3.6 GHz		

Processor		Ports & interfaces	
Low Power Efficient-core Max Turbo Frequency	2.1 GHz	USB Type-C DisplayPort Alternate Mode	✓
Performance-core base frequency	1.3 GHz	USB Sleep-and-Charge	✓
Efficient-core base frequency	0.8 GHz	USB Sleep-and-Charge ports	1
Low Power Efficient-core Base Frequency	700 MHz	Performance	
Processor cache	12 MB	Motherboard chipset	Intel SoC
Processor cache type	Smart Cache	Keyboard	
Processor base power	15 W	Pointing device	ThinkPad UltraNav
Maximum turbo power	57 W	Numeric keypad *	✗
Neural processor unit (NPU)		Keyboard backlit	✓
Neural processor unit (NPU)	Intel AI Boost	Spill-resistant keyboard	✓
Sparsity support	✓	Keyboard language	Belgian
Windows Studio effects support	✓	Software	
AI datatype support on NPU	FP16, FP32, Int8	Operating system architecture	64-bit
AI software frameworks supported by NPU	DirectML, ONNX RT, OpenVINO, Windows ML	Operating system language	Spanish
Memory		Operating system installed *	Windows 11 Pro
Internal memory *	16 GB	Battery	
Internal memory type	DDR5-SDRAM	Battery technology	Lithium Polymer (LiPo)
Memory clock speed	5600 MHz	Number of battery cells	4
Memory form factor	SO-DIMM	Battery capacity *	52.5 Wh
Memory layout (slots x size)	1 x 16 GB	Fast charging	✓
Memory slots	2x SO-DIMM	Power	
Maximum internal memory *	64 GB	AC adapter power	65 W
Memory channels	Single-channel	AC adapter frequency	50/60 Hz
Storage		AC adapter input voltage	100 - 240 V
Total storage capacity *	512 GB	USB Type-C charging port *	✓
Storage media *	SSD	USB Power Delivery (USB PD)	✓
Total SSDs capacity	512 GB	Security	
Number of SSDs installed	1	Cable lock slot	✓
SSD capacity	512 GB	Cable lock slot type	Kensington
SSD interface	PCI Express 4.0	Fingerprint reader	✓
NVMe	✓	Smart card reader	✗
SSD form factor	M.2	Trusted Platform Module (TPM)	✓
M.2 SSD size	2280 (22 x 80 mm)	Trusted Platform Module (TPM) version	2.0
Optical drive type *	✗	Password protection	✓
Card reader integrated	✗	Password protection type	BIOS, Power on, SSD, Supervisor
Graphics		Operational conditions	
Discrete graphics card model *	Not available	Operating temperature (T-T)	5 - 35 °C
On-board graphics card *	✓	Storage temperature (T-T)	5 - 43 °C
On-board GPU manufacturer	Intel	Operating relative humidity (H-H)	8 - 95%
Discrete graphics card *	✗	Storage relative humidity (H-H)	5 - 95%
On-board graphics card family	Intel Graphics	Maximum shipping altitude	3048 m
On-board graphics card model *	Intel Graphics	Certificates	
Audio		Compliance certificates	RoHS
Audio chip	Realtek ALC3287	Certification	ErP Lot 6/26 MIL-STD-810H
Audio system	Dolby Audio	Sustainability	
Number of built-in speakers	2	Sustainability certificates	ENERGY STAR, EPEAT Gold, TCO
Speaker power	2 W	Weight & dimensions	
Built-in microphone	✓	Width	315.9 mm
Number of microphones	2	Depth	223.7 mm
Camera		Height	17.7 mm
Front camera	✓	Weight *	1.38 kg

Packaging content

AC adapter included *





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